



Workshops are held virtually through WebEx by the Department of Community Resources and Services' Office of Children and Families, 9830 Patuxent Woods Drive, Columbia, MD 21046, unless otherwise noted.

Online registration only For questions, contact: Kristin Reel at kreel@howardcountymd.gov.

January

Beyond Mr. Yuk: Poison Safety and Prevention

In Person

Tues., Jan. 4 / 6:30 PM - 8:30 PM / \$0

K. Reel / 2 HSN

Learn how Poison Control Center can support you and offer you help in times of need. Understand how to keep potentially hazardous materials out of reach from children. Notice importance of universal precautions and labels.

Autism Spectrum Disorder: A Child's Perspective

Virtual

Thurs., Jan. 6 / 6:30 PM - 9:30 PM / \$0

G. Ferentinos / 3 SN

This workshop will explore the world of autism as seen through the eyes of a child with a focus on the range and variance of symptoms as a spectrum disorder.

Discipline is Teaching: Positive Strategies to Reduce Challenging Behavior

Virtual
Thurs., Jan 12 / 6:30 PM - 9:30 PM / \$30

S. Burke / 1.5 CUR 1.5 CD

Prevention is the best form of intervention! Challenging Behavior is to be expected when working with children but not everyone is equipped with strategies on how to prevent and manage challenging behavior. Participants will learn strategies to both prevent and to handle challenging behavior including natural consequences, discipline, and ways to teach self-discipline. Participants will leave with a "toolkit" of approaches surrounding behavior to use in their early childhood programs.

Emergency Preparedness

Virtual
Wed., Jan. 12, 19 / 6:30 PM - 9:30 PM / \$30

J. Johnson / 6 HSN

This six-hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop.

Medication Administration

In Person

Tues., Jan. 18, Thurs Jan 20 / 6:30 PM - 9:30 PM / \$70

M. Conway / 6 HSN

This MSDE-designed workshop will teach providers what they need to know when administering medication to children. Learn how to give oral, topical, inhaled, and emergency medicines to infants and children; how to keep accurate records, regulations for hygiene, safety, and measurement

Infant, Child and Adult CPR and First Aid Training

In Person
Wed., Jan. 19 / 6:00 PM - 9:00 PM / \$95

1st Alert CPR

Certified by the American Heart Association and good for two years. Acceptable for child care licensing.

Respecting All Family Structures

Virtual
Thurs., Jan. 20 / 6:30 PM - 8:30 PM / \$20

S. Burke / 2 COM

Family structures have moves away from the traditional nuclear family. Identify different family structures that you may encounter in your program. Explore ways to make all children and their families welcome in your program.

Healthy Lifestyles Lead to a Healthy You

Virtual
Thurs., Jan. 24 / 6:30 PM - 8:30 PM / \$20

R. Gordon / 2 COM

This workshop will highlight the childhood obesity crisis in the United States. Early Childhood Professionals will garner ideas to help combat obesity through nutrition and exercise. Participants will make two props for enhancement of movement activities in their program.

Growing Vegetable Soup: Connecting Children to Healthy Foods

In Person
Mon., Jan. 31 / 6:30 PM - 9:30 PM / \$0

K. Reel / 2 HSN

Many young children do not know where the food they eat comes from – this workshop explores ways to connect children to healthy foods, discovering where their food comes from and ways in which they can interact with food in the classroom and outdoor spaces as well as beyond the childcare. will make two props for enhancement of movement activities in their program.